



PERSONAL OR GROUP EXECUTIVE COACHING

ACHIEVING YOUR PERSONAL AND PROFESSIONAL GOALS AND OBJECTIVES HAVE NEVER BEEN SO CLOSE

WHAT IS EXECUTIVE COACHING?

Executive Coaching is one of the most proven and most advanced tools to develop professional awareness, skills and executive competencies from a personalized process and / or focused on teams

Our Executive Coaching program promotes support and self-support for executives who are interested in their human and professional development, to face the challenges of their current job, as well as their growth in new executive and leadership positions.

From a theoretical framework based on Neuro-semantic Executive Coaching, Neuro-Linguistic Programming, Gestalt Coaching and Humanism, we promote conversations with dynamics, exercises and experiences, so that the coachees (clients) exercise their own challenge and power over the constraints that prevent them from satisfying their true needs and interests.

We promote a new consciousness to the coachees (clients) that will lead them to achieve the support and self-support necessary to achieve all their desires and challenges.

HOW?

From the generation of a comprehensive talent development strategy that will ensure the client's and the organization's growth.

To reach this goal in the company, it is important to start with the top management awareness-raising process. The lack of time, knowledge and updating in the field of talent development from executives and leaders sometimes cause that their goals are not focused on a medium- and long-term strategy to face challenges in an increasing uncertain future.

The goal is that companies' staff and teams take control of who they are, how they generate and behave with the objectives of meeting their needs based on their goals and commitments for which they were hired both for the present and for the future.



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In this way the coachees (clients) not only contribute to their own professional growth but also increase directly the productivity that makes their company stay in the market successfully.

Integrating an (individual and / or group) EXECUTIVE COACHING plan is working to increase productivity, making the change agents and leaders aware that they will achieve their goals and objectives through self-support.

This tool, supported by one of our first level executive coaches, will allow coachees (clients) to be more effective, increase their productivity from their own direction and this will be ascertained with better results.

This is the way to re-learn and update transformational leadership, emotional intelligence, assertiveness, effective communication, conflict management, stress management, integration, coordination and high-performance teams' management, and open up opportunities for continuous improvement from operational excellence and leadership.

"Today's executives with the support of an executive coaching program at RN & Associates can grow and positively transform their personal and professional life, as well as aspects of the lives of those who accompany them."

Rubens Nuñez (RN&Asociados Director)

"DARE TO LIVE ONE OF THE BEST EXPERIENCES OF YOUR LIFE"

DO YOU WANT TO REACH YOUR PROFESSIONAL GOALS AND OBJECTIVES?

Do you need to explore and have better management tools, leadership to manage your career plan and grow in your COMPANY, BUSINESS, PERSONAL OR PROFESSIONAL CHALLENGE?

We co-create the objectives, steps and scope to create a personalized plan and in each session, you will find the tools that will lead you to reach your highest goals.



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The programs are at least 6 **sessions long on a remote mode (internet) or face-to-face with experiential methodology, with dynamics and exercises that encourage you to reach your next level.**

Each session is based on a structured process with achievement indicators and progress towards your goals.

NATIONAL AND INTERNATIONAL PROGRAMS (ONLINE OR FACE-TO-FACE).

CONTACT US



DO YOU NEED AN EXECUTIVE COACHING PROGRAM FOR YOU OR YOUR COMPANY IN AN FACE TO FACE OR ONLINE MODE?

Nowadays companies seek to maximize their profits and optimize their resources in the face of an inescapable global challenge: the transformation and positive assimilation in the face of constant economic and social crises. Sometimes, a person inside the company usually remains as a lost island within the framework of this reality.

On the other hand, due to the enormous demand within the organizations and the increasing work teams' stress, it is imperative that companies pay particular attention to how to achieve goals and objectives from the plural participation, with strategies known by the team members and committed to their challenges and achievements.

The human beings from their nature need to be nourished by the environment's support for these achievements, generated by an organizational culture coined among the members of the team. For this, working from the Gestalt Coaching in the knowledge and adaptation to transformational leadership styles, becomes one of the pillars of success in the achievement of personal and collective objectives in the organization. Transformational leaders not only plan, organize, order or control situations and their teams, but also accompany in the correction of deviations, clarify from the example and are the congruent custodians of the mission, vision and values in the company.

To be transformational leaders, human beings need to know, learn and work in their integral human development and accompany the knowledge from their emotional development, and create a group awareness having an objective perception of the environment, with a particular intelligence in the self-knowledge, becoming generators of healthy and assertive environments. Here it lays the difference between a confident and committed team versus an unmotivated, disintegrated and aimless team, or a team linked to the mission, vision and values that were not passed on to them timely by their own leaders or those who have that role.

Great leaders know that success thrives inside the person. The key to this process is the construction of human relationships based on the assertive management of emotions and feelings, oriented towards productivity, efficiency and achievement of particular goals as well as general goals throughout the organization.



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While productivity and efficiency can be judged from the final numbers or figures, it is worth mentioning that those who move and run a business are people who serve their fellow men.

The human behavioral sciences have demonstrated importance and economic impact generated by teams that are more than just responsible but are in a continuous process of self-knowledge, emotional self-management, self-motivation and have quality personal relationships in the workplace.

Currently the successful work environments of large companies and economies are focused in the development of human talent in order to generate greater assertiveness, directionality of resources, congruence in interpersonal relationships and increasing results as well as sustained over time, with an impact direct in its productivity and its results.

It has been proven that those courses plagued with information do not generate significant changes. Only the experience of doing, acting, realizing and reflecting in the sense of guidance is what gives people a new way of understanding what is happening within themselves and in their relationship with others; and this is what we call immediate realization. Accountability is attached to this realization, when people accept their challenges and take control of what they want both personally and in their team during their management.

Humanism has come to change the vision of the way in which the human being learns. Experience is one of the best tools that exists today. Thanks to Gestalt Coaching, humanistic integrative theories, and organizational knowledge in the incentive of success, we have come to a unique and innovative concept where each session or workshop becomes a meeting of transformation, the great opportunity where people live a new way to relate to success, which motivates to establish the difference between present and past.

Our value proposition:

- To live the experience of each topic to find the answers to the proposed topics of a workshop from the exploration of "how I live", "what happens to me", "how I interrupt in action", " what is new from my experience that I am still not putting into practice and therefore I do not get the best result ", " how can I transcend my personal and professional limitations. "



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- Review and update the experience of each member of our (individual or group) executive coaching program so that individuals and groups can generate new human and executive competencies in order to achieve common goals, integrate values and engage the mission and vision of the organization.
- Generate effective and solid relationships (with the same ones and their environment) between the executive Coaching program participants, that allow them to develop personally and professionally in a successful way.

A new way of establishing human relations in companies, authentic, directional, with greater ability and improvement of their competences and therefore the leadership of each participant.

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